

Adriana Trigoso, RN

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Detailed-oriented, highly driven bilingual professional. Works well under pressure, communicates effectively, and has a strong capacity to create trusting relationships.

Certifications:

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| • Basic Life Support (BLS) | March 2022 |
| • Advanced Cardiovascular Life Support (ACLS) | April 2021 |
| • National Institutes of Health Stroke Scale (NIHSS) | September 2021 |

Skills:

- Bilingual: Spanish and English
- Assessing and documenting vital signs, pain, and oxygen saturation
- Measuring, documenting and analyzing intake & output
- Blood glucose monitoring
- Nasogastric insertion, removal, and patient care
- PEG and nasogastric tube feedings and monitoring
- Administration of oral medication, subcutaneous medication, and intramuscular medication
- IV medication administration
- Foley catheter insertion and removal
- Nasopharyngeal suctioning
- Tracheostomy care
- Head to toe assessment
- Central line dressing change
- Telemetry interpretation
- Peritoneal dialysis (manual and cycler) and peritoneal dialysis site care

Experience:

Emory Hillandale Hospital

February 2021 - Present

Medical Surgical/Telemetry Registered Nurse

- The responsibilities of this position are the same as my former role with Piedmont

Piedmont Atlanta Hospital

November 2018 - February 2021

Cardiac Registered Nurse

- Monitored and treated Covid-19 patients
- Monitor and treat cardiopulmonary patients, recognize signs and symptoms of cardiopulmonary emergencies, and initiate standard interventions
- Provide basic and advanced life support
- Administer blood and blood products, transfusions, and monitoring for adverse reactions

- Prepare patients pre-procedure and monitor patients post procedures (i.e cardiac catheterizations with PCI, cardiverson, TEE, pacemakers, ICD, valve replacements, bronchoscopy, EGD, PEG placements, chest tube insertion, pericardial drains)
- Assess, evaluate, and treat signs and symptoms of patient instability using invasive and non- invasive treatments
- Maintain integrity and infection control of venous, arterial, urinary, and all invasive catheters
- Recognize indications for and complications of enteral and parenteral nutrition
- Assess, monitor, and manage patients requiring renal therapeutic interventions (i.e., hemodialysis, peritoneal dialysis, stents)
- Manage patients requiring noninvasive oxygen delivery including oral airways and tracheostomies
- Monitor and analyze normal and abnormal diagnostic tests and communicate findings.
- Recognize signs and symptoms of behavioral emergencies (i.e., mood disorders, delirium and dementia, and substance abuse)
- Manage patients' pain relief by providing non-pharmacological and pharmacological interventions and monitoring for adverse reactions.
- Measure and administer prescribed medications
- Care for patients by working in an interdisciplinary team in order to achieve reputable patient care. Read and interpret doctor's orders.
- Proficient use of medical record system, Epic and Allscripts
- Perform patient assessments in order to collect data regarding patient's physical, psychological and health history
- Evaluate the developmental age of each patient when performing assessments, treatments, and patient/family education. Identify teaching opportunities and provide resources for patients. Ensure the care provided is appropriate to the severity of the disease, condition, impairment or disability.
- Carry out plan of care to achieve desired patient outcomes
- Evaluate family needs for enhanced involvement in care to facilitate the transition from hospital to home.

Clinical Work

October 2016 - April 2018

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| • Community Health – Wellstar Community Clinic- Austell | March 2018 - April 2018 |
| • Behavioral Health – Atlanta VA Medical Center – Atlanta | Oct 2017 - Nov 2017 |
| • Pediatrics – Children's Healthcare of Atlanta Egleston– Atlanta | Oct 2017 - Nov 2017 |
| • Labor and Delivery – Wellstar Kennestone Hospital– Marietta | Aug 2017 – Sep 2017 |
| • Med-Surg – Wellstar Paulding Hospital— Hiram | Feb 2017 – April 2017 |
| • Med-Surg– Wellstar Kennestone Hospital– Marietta | Oct 2016 – Nov 2016 |

Education:

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| • Augusta University | Expected Graduation May 2024 |
| ○ Doctor of Nursing Practice - Family Nurse Practitioner (DNP-FNP) | |
| • Kennesaw State University | August 2016 - July 2018 |
| ○ Bachelor of Science in Nursing (BSN) | |