

# Cyril Decena

## **Triage Nurse- Palo Alto Medical Foundation**

San Bruno, CA

-Email me on Indeed: <http://www.indeed.com/r/Cyril-Decena/509599f16b959ca3>

Authorized to work in the US for any employer

## Work Experience

---

### **Triage Nurse**

Palo Alto Medical Foundation - Burlingame, CA

October 2017 to Present

I triage patients from call ins, My Health Online Messages, referrals from Call Centers, from Internal Med and family Med Providers. I call each patient and assess and evaluate their concerns. I triage their symptoms while reviewing their medical history, medications and allergies. I advise them accordingly if they need urgent treatment, Go to the ER or urgent care or respiratory clinic, if they need an appointment in the clinic, or need to do home care measures. I screen them for Coronavirus symptoms. I average 30-50 calls a day including stat calls.

I also handle critical values from labs and address stat calls.

I administer deep IM injections of antibiotics.

I co sign vaccines for the Medical assistants.

### **Complex Case Case Manager**

Palo Alto Medical Foundation

January 2017 to October 2018

### **Specialty Nurse for Heart Failure and Sepsis**

Palo Alto Medical Foundation

January 2015 to December 2016

### **Case Manager-Advanced Illness Management**

Sutter Care At Home - San Mateo, CA

August 2012 to January 2015

I did home health and telesupport care for patients under the Advanced Illness Management program of Sutter Care at Home, patients with an end stage diagnosis who had 1 year life expectancy. I educated patients on red flags and stop lights of their illnesses and coordinated care with their family, physician and the community.

### **Clinical Nurse II**

Comprehensive Medical Rehab Unit - Baltimore, MD

August 2010 to January 2014

21207

### **Registered Nurse**

Kernan Rehabilitation Hospital - Baltimore, MD

July 2007 to July 2010

- Carried out the care plan planning
- Provided direct care of up to 6-8 patients per shift
- Monitored and documented patient's vitals
- Provided education and discharge instructions
- Trained new staff
- Supervised student nurses
- Directed and managed critical care patients
- Triageed patients

### **Clinical Nurse II**

Spinal Cord Unit - Baltimore, MD  
January 2007 to July 2010

### **Staff Nurse**

Adult Medical Intensive Care Unit - Manila  
January 2006 to January 2007  
Manila, Philippines

### **Physician**

Saratan Medical Clinic - Manila  
March 1987 to January 2007

### **Staff Nurse**

Medical Surgical Unit  
2004 to 2006

### **Medical Residency**

Internal Medicine  
1989 to 1990

### **EXAMINATIONS AND AWARDS**

Basic Life Support (BLS)  
American Heart Association  
July 2018

### **Medical Internship**

Jose Reyes Memorial Medical Center  
1986 to 1987

## **Education**

---

### **Bachelor of Science in Nursing**

University of La Salette  
July 2007

### **Bachelor of Science in Biology**

University of La Santo Tomas  
2002 to 2004

**Master of Arts in Nursing**

Philippine Academy of Family Physicians - Manila  
2000

**Doctor of Medicine in Family Medicine**

University of Santo Tomas - Manila, AR  
1983 to 1987

## Nursing Licenses

---

**RN**

Expires: August 2024

State: CA

**RN**

Expires: August 2024

State: CA

## Skills

---

- CARDIAC (10+ years)
- EPIC (10+ years)
- MICROSOFT OFFICE (10+ years)
- MICROSOFT WORD (10+ years)
- MS OFFICE (10+ years)
- Telephone
- RN
- Injection
- Patient transfer
- Triage
- Home health
- Hospital experience

## Awards

---

**Nightingale Award**

2006

**Nurse of the Year Award- Caught you at your Best Award**

July 2010

## Certifications and Licenses

---

### **BLS, ACLS**

## Assessments

---

### **Clinical judgment — Proficient**

April 2021

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Proficient](#)

### **Electronic health records: Best practices — Highly Proficient**

April 2021

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

## Additional Information

---

### **MEDICAL SKILLS**

Medication administration- per po, IV, NGT, peg tube; Wound dressing changes, Wound Vac, Stoma care, Urethral Catheterization, Tracheostomy care, Parenteral feeding, Peg care, Cardiac and Diabetic Teaching, NGT insertion, IV therapy, IV insertion, Phlebotomy, PICC care, Sutures/staples removal, work with orthopedic equipment, hooyer lifts; Competent with pt transfers while maintaining hip, sternal or spinal precautions; Competent with computer use, EPIC, microsoft office, microsoft word, outlook. knowledgeable about the Advanced Illness Program, sepsis, heart failure and TAVR.